



Press Coverage 2010



Triathlete Europe magazine – June 2010 'Club profile'

clubs review



TRI CLUB: MANCHESTER TRIATHLON CLUB

Manchester Triathlon Club or Man Tri as it's known is one of the biggest clubs in the country with more than 450 members. This year the club celebrates its 21st birthday and to mark the occasion aims to enter 21 teams at the National Club Relay Championships in August. As well as a serious of teams, the club will be entering teams of 'Man Tri Originals'. This means some old timers will be wheeled out of semi-retirement to race. Rumour has it some of the old timers might be sporting the original kit too including budge strugglers, crop tops and day-glow.

HISTORY

The club was founded in 1989 when fireman John Moore got together with some like minded individuals including Rob Arnold and Dave Leak. Both Arnold and Leak are still active members to this day. The club has grown with the sport from the early days of neon crop tops and swim briefs, through tri-bars and elastic laces, to where it is today with a huge membership.

THE CLUB TODAY

Of the members today 40 per cent today are women and in 2008 the club achieved Disabled Inclusive Status demonstrating the club's commitment to welcoming all. The club also hosts an annual novice training day to attract new members and to encourage the local community to get involved with the sport. It's no wonder Man Tri was named club of the year by British Triathlon in 2008.

As well as celebrating it's 21st birthday this year the club is hosting the North West Sprint Triathlon Championships at Boundary Water

Park on July 25 and the British Aquathlon Championships. The latter will take place on July 17 adjacent to the former Commonwealth Games and ITU World Cup venue at Salford Quays.

Man Tri members have competed at numerous age group European and world championships over the years and the club Ironman hall of fame grows steadily each year, including seven Hawaii finishers. The club's youth are also well represented with Alex Young crowned junior national champion 2009. This year see club member Jacqui Slack compete on the ITU World Cup tour.

TRAINING AND FACILITIES

The club has over 30 qualified BTF coaches, six of which have achieved level three accreditation. Man Tri also have qualified junior coaches and disabled coaching accreditation to ensure they reach out to the wider community. When it comes to sessions the club has one of the most comprehensive triathlon programmes in the UK.

The club has 10 swim sessions using three pools; Moss Side, Stretford and the Aquatics Centre. Each Sunday there are group rides catering for all levels from beginners through to elites. Plus they run two turbo sessions and a brick workout. The club also runs bike skills courses and regularly rides the banked curves of the Manchester Velodrome.

When it comes to running Man Tri has two run track sessions at Longford Park Athletics Stadium along with a winter off-road run in the nearby fells. During the winter the club also holds a duathlon series. For more intense training the club holds two camps abroad including one at La Santa in Lanzarote.

clubs review



MAN TRI JUNIORS

Man Tri has a thriving junior section with around 40 members who take part in the weekly swim, bike and run sessions. All these sessions are coached and run by BTF qualified coaches. These are CRB checked with the emphasis on providing fun, safe sessions whilst teaching the juniors the specifics of triathlon racing. The club is able to provide an environment that satisfies those with a competitive spirit whilst allowing others to just enjoy the training. This year the club is holding a junior event on July 11.

Man Tri is also a registered British Cycling Go-Ride club, so as well as access to numerous triathlon, duathlons and aquathlon throughout the North West the juniors also have the opportunity to take part in cyclo-cross and cycling road race events. In 2009 they had around a dozen completing their first triathlon and expect to double this in 2010.


For more information, see Man-tri-club.org.uk



Tri247.com – 28th April 2010

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- Alpe D'Huez Triathlon

Manchester Triathlon Club's bumper month of July!

Posted by: Editor
Posted on: Wednesday 28th April 2010

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Manchester Triathlon Club are looking to celebrate their 21st anniversary in style this year by hosting three events during what will be a bumper July!

Man Tri Junior race, Knutsford, Cheshire, 11th July 2010

First up is the Man Tri Junior Triathlon, at Knutsford Leisure Centre, Cheshire on the afternoon of Sunday July 11th. There'll be a whole series of races from Tristar Start (from age 8) with a 50m pool swim, 800m bike and 600m run (both on a grass course) and then various age ranges up to a 400m/8k/3k race for Youths (15-16 yr olds).

With an £11 entry fee (£10 BTF) including a memento from the day it's a great value way to start off in the sport. Could also be the perfect prelude to watching England win the World Cup later that evening!

British Aquathlon Championships, Salford Quays, 17th July 2010

Next up is the British Aquathlon Championships at Salford Quays on July 17th. Located adjacent to the internationally recognised Salford Quays ITU World Cup and Commonwealth Games triathlon course, it's an ideal location to hold this prestigious event. Salford Quays has played host to regular aquathlon events over the years and its two lap swim and fast run course, always proves popular with those that take part.

If you plan on making a weekend of it, the former docks have been completely redeveloped and the area is now a pleasant part of Manchester with plenty to see and do. There is a wealth of world-class entertainment, leisure and cultural facilities on offer including The Lowry, Imperial War Museum North and The Lowry Outlet Mall in addition to Manchester's many other attractions.

North West Sprint Champs, Boundary Water Park, Cheshire, 25th July 2010

The Manchester Boundary Breeze Sprint Triathlon (750m/23km/5km) is a well established event, great for first timers and an annual favourite with more experienced triathletes. The race is really well organised and friendly and competitors love the lake swim and the flat bike course on good roads. Set in the beautiful Cheshire countryside just outside Holmes Chapel and Knutsford, there is easy access from motorways. The race takes place mid season which tends to mean good weather and one of the warmest open water swims on the circuit! With the first wave at 10am there is even a civilised start time!

All events are open for entries at www.man-tri-club.org.uk

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(+ printed article in June edition of magazine)

'July events'

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Manchester Triathlon Club's bumper July

Wednesday, April 28, 2010



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British Aquathlon Championships at Salford Quays

Posted by: Press Releases
Posted on: Tuesday 9th March 2010

TAGS British Aquathlon Championships | British Triathlon | Salford Quays

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British Triathlon is delighted to announce that the British Aquathlon Championships will take place at the tried and tested Salford Quays Water Sports Centre on the evening of Saturday 17 July.

Manchester Triathlon Club on behalf of British Triathlon is promoting the event with entries now available from www.man-tri-club.org.uk.

Located adjacent to the internationally recognised Salford Quays ITU Triathlon World Cup and Commonwealth Games triathlon course, it's an ideal location to host this prestigious event.


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If you plan to make a weekend of it, the former docks have been re-developed and the area is now a pleasant part of Manchester with plenty to see and do. There is a wealth of world-class entertainment, leisure and cultural facilities on offer including The Lowry, Imperial War Museum North and The Lowry Outlet Mall.


To be eligible to win a British Triathlon Age Group title or a first, second or third placed British Triathlon medal, athletes must be a member of their Home Nation Association and hold a valid race licence.

Individuals who do not meet both of the above criteria may participate in a British Championships, but are not eligible to win British Triathlon titles or medals.


To find out more about becoming a member of your Home Nation Association please visit www.britishtriathlon.org/join




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‘British Aquathlon Champs’



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British Aquathlon Championships at Salford Quays

by TriEurope March 09, 2010 | [Comments](#)

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Tuesday, March 9, 2010



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Tri247.com – 26th Feb 2010

‘Manchester Triathlon Club 21st Anniversary Launch’






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Manchester Triathlon Club celebrates 21st!

Posted by: adamz
 Posted on: Friday 26th February 2010

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2010 marks Manchester Triathlon Club's 21st anniversary, and during those years it has come a long way from an initial meeting of misfits in a Manchester pub, to an organised club with can boast over 450 members, and was voted the British Triathlon Federation club of the year in 2008. The first meeting was initiated by a fireman called John Moore, and included a handful of people including Rob Arnold and Dave Leak, who are both active members to this day. The club's training programme has steadily grown to over 16 hours of weekly coached sessions, and now includes swim, turbo, off road run, track, and circuit sessions, and also workshops including bike maintenance and fitting. The club also holds regular training sessions at Manchester Velodrome.

Team spirit and improvement are key aims at Man Tri, and monthly duathlons and annual training weekends have now recently been bolstered by the first winter training camp at Club La Santa, Lanzarote. Triathlon development is a responsibility Man Tri has also played a contributing role. Every year the club provides a novice training day to encourage newbies to take the triathlon plunge, and this year – as well as hosting the NW Sprint Championships at Boundary Breeze on 25th July – the club is also proud to be hosting the National Aquathlon Championships at Salford Quays on 17th July.

Man Tri members have competed at numerous age group World and European championships over the last few years, and the club Ironman Hall of Fame grows steadily each year. To date, seven members have achieved the ultimate Ironman goal and crossed the finish line in Hawaii. The club's youth is also well represented with last year seeing Alex Young crowned National Junior Triathlon Champion.

To celebrate their 21st anniversary, Man Tri is aiming to enter 21 teams at the National Club Relay Championships in August. As well as serious teams, the club will be entering teams of 'Man Tri Originals', some of who will be wheeled out of semi-retirement. Rumour has it some of the old timers might be sporting the original kit – speedos and all - Watch out Tracey Harris!

To find out more about this dynamic, inclusive, progressive and friendly club, please visit man-tri-club.org.uk



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Manchester Triathlon Club Novice Training Day

Posted by: Press Releases
Posted on: Monday 25th January 2010

TAGS Beginners | Manchester | Manchester Triathlon Club | Novice

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On Saturday 17th April 2010 Manchester Triathlon Club will be holding it's annual Novice Training Day for anybody interested in the sport of triathlon.

Is it for you?

The day is aimed at anyone interested in the fast growing sport of triathlon and will be ideal for anyone new to the sport and looking to improve. You don't need to be an MTC member (although it's cheaper if you are). To prove it here are the prices:

Prices:

MTC Gold Members: £10
MTC Bronze Members: £20
Non Members: £25*

* However if you subsequently join MTC before the 1st May 2010 (two weeks following the Novice Day) you will receive a partial refund on the £25 you have paid. If you join as a Gold member you will receive a £15 refund. If you join as a bronze member you will receive a £5 refund.

Learn from the best:

Run by the British Triathlon 2008 Club of the Year and without doubt one of the biggest and best multi-sports clubs in the country, all sessions will be lead by qualified and experienced British Triathlon Coaches. There will be plenty of opportunity on the day to ask questions.

The day will cover:

- Selecting and entering the right event
- Preparing for the big day: training, equipment, organisation
- Setting up on the day: registration and transition setup
- Practical sessions for swim, bike, run, transitions
- Q&A: get simple answers to all your triathlon questions
- Learn about MTC and what we can do for you

For more information and to book online visit: www.man-tri-club.org.uk and follow the link on the left hand side of the homepage.

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